



GenReady

Empowering young people to make good choices

Preparing to be Teen Ready

PROGRAM SUMMARY

Preparing to be Teen Ready provides students with the curriculum requirements for Stage 3. Topics explained and discussed are adolescent issues, puberty, sexuality, relationships, decision making, plus personal health and safety.

PROGRAM STRUCTURE

- Two 90 minute sessions in class sizes of 20 – 50 students
- Student Cost - \$35 (ex GST) (*GST payable by school on invoice \$38.50*)
- A teacher must be present in the classroom at all times

CORRELATION TO BOARD OF STUDIES PDHPE SYLLABUS

Overview of Subject Matter	Knowledge & Understanding	Skills	Values & Attitudes
Playing my part Relationships Communication Families Peers Groups	IRS3.11	INS3.3 COS3.1 DMS3.2	V2
Getting it together Personal identity The body Human sexuality Changes Values	GDS3.9	INS3.3 DMS3.2	V3 V2
Considered choices` Making decisions Nutrition Health services and products Preventative measures	PHS3.12	DMS3.2	V4
Safety first Personal safety School and play safety	SLS3.13	DMS3.2 PSS3.5 COS3.1	V4